

APPETIZERS

Antipasto | New

Veggies, ranch, roasted red peppers, salami, mozzarella, warm naan bread and artichoke asiago dip. 12.39

Asian Calamari

Calamari, red peppers and jalapeño rings are dusted, lightly fried and drizzled with sweet chili, wasabi lime aioli and green onions. 13.99

Calamari

Calamari, julienned red pepper and jalapeño rings dusted and lightly fried. Served with spicy tomato sauce. 13.99

Edamame Beans | Gluten Free

Warm soybeans with sea salt and a touch of lime. 7.29

Pulled Pork Flatbread

Forty Creek BBQ sauce, slow roasted pulled pork, diced red onion and mixed cheese baked on artisan flatbread. 11.39

Antojitos

Cream cheese, jalapeños and peppers on a flour tortilla and baked. Served with salsa. 8.29

FAVOURITES

Bayou Bites

Louisiana breaded chicken bites, golden fried and tossed in Feisty BBQ or Honey Garlic. Served with fries, celery, carrots and ranch. 14.99

Chicken Fingers

Golden brown fried chicken fingers. Served with fries, coleslaw and plum sauce. 16.49

Poutine | New

Classic Poutine

Cheese curds and gravy. 8.29

Pulled Pork Poutine

Pulled pork, cheese curds and gravy. 10.29

Bacon Poutine

Bacon, green onion, cheese curds and gravy. 11.39

SOUP

Wicked Thai Soup

A combination of chicken, rice, cream, mushrooms and Thai vegetables in a rich broth with a little heat. Served with garlic bread. 7.99

French Onion Soup | New

Our traditional French Onion Soup, crouton and melted Swiss cheese. 7.99

After 9 p.m. Thursday - Saturday appetizers are 2.50 off.
After 9 p.m. Sunday - Wednesday appetizers are 50% off.

Gluten Free: We offer gluten free products although they are not prepared in a gluten free environment.

Bang Pow Shrimp

Tender, crispy shrimp tossed in a spicy Bang Pow sauce. 13.39

Mediterranean Flatbread

Naan bread, artichoke and asiago dip, grilled portabella mushroom, roasted red pepper, grilled zucchini, red onion and feta cheese baked. 13.39

Creamy Spinach Dip

A delicious mixture of cream cheese, parmesan, spinach, melted cheese and golden fried pita wedges. 12.69

Appetizer Trio

Deep fried pickles, battered mushrooms and potato munchers. 11.39

Potato Skins | Gluten Free

Golden brown potato shells, cheese, bacon and green onion. Served with sour cream. 12.39

Escargot

A dozen escargot baked with garlic butter and melted cheese. Served with garlic bread. 11.99

Garlic Bread with Cheese

Garlic artisan bread with melted cheese. 9.29

Substitute sweet potato fries or onion rings for just 2.49.
Add poutine to your fries for 2.99

Wings | Gluten Free (Naked wings)

Choose naked or dusted. Mild, medium, hot, suicide, honey garlic or Cajun. Served with celery, carrots and ranch dressing.

10 Naked Wings 14.49 (1.5 lbs.) Dusted 15.49

20 Naked Wings 27.89 (3 lbs.) Dusted 29.89

Extra Sauce 0.49

Perogies

Potato and cheese filled perogies are deep fried then topped with melted cheese and green onion. Served with sour cream. 12.39 | Add bacon 0.99

Made fresh daily.

Beef Stew

Hearty chunks of beef, potatoes, carrots, mushrooms, onions and celery in a stew broth. Served with garlic bread. 9.29

Soup of the Day | Made Fresh Daily

Ask your server for our featured homestyle soup. 5.69

SALADS

Roasted Beet and Goat

Cheese Salad | Gluten Free | **New**

(Wine Pairing – Kim Crawford Sauvignon Blanc)

Spring mix lettuce, roasted beets, pecans, red onions, goat cheese, apple cider vinaigrette. 14.49

Superfood Salad | Gluten Free

(Wine Pairing – Vintage Ink Chardonnay)

Kale, spring mix lettuce, broccoli, blueberries, strawberries, pecans, avocado, sesame seeds and light apple cider vinaigrette. 14.49

Oriental Grilled

Chicken Salad | Gluten Free

(Wine Pairing – House White)

Spring mix lettuce, Asian noodles, shredded carrots, red cabbage, bean sprouts, green onion, torn cilantro, cucumbers, oranges, red peppers, crushed peanuts and Asian dressing. 17.59

Chicken Greek Salad | Gluten Free

(Wine Pairing – Pinot Grigio – Hogue or Folonari)

Romaine and iceberg lettuce topped with grilled chicken, kalamata olives, feta cheese, red and green peppers, cucumbers, red onions, tomatoes, and Greek dressing. 17.59 Without chicken 14.49

Small Garden 7.79

Small Caesar 8.99

Small Greek 8.99

PASTA

Spicy Italian Penne | **New**

(Wine Pairing – House Red or Ravenswood Zinfandel)

Sausage, tomato sauce, kale, thyme, fennel, oregano, and penne. 18.59

Jose's Wonder

(Wine Pairing – Ravenswood Zinfandel)

Seasoned chicken, bacon, sautéed mushrooms, green peppers, cracked black peppercorns and blush sauce with linguine. 19.99

Diablo Shrimp Linguine

(Wine Pairing – Vintage Ink Chardonnay)

Sautéed shrimp, tomatoes, capers, onions and chilies, in a spicy garlic cream sauce with linguine. 20.59

Lasagna

(Wine Pairing – Sterling Merlot)

Made fresh at Jose's. Layers of lasagna noodles, sautéed ground beef, mozzarella, topped with tomato sauce and baked with mixed cheeses. 18.59

Cappelletti

(Wine Pairing – Toasted Head Chardonnay or Woodbridge Cabernet Sauvignon)

Cheese filled noodles in our blush sauce and baked with mixed cheeses. 19.99

Add Chicken 5.19 Add Shrimp 5.99

Add 4 oz Grilled Salmon 6.49 Add Steak 6.49

Blackened Salmon Salad | Gluten Free

(Wine Pairing – Toasted Head Chardonnay)

Spring mix lettuce, edamame beans, avocado, roasted red peppers, feta cheese, sesame seeds, pineapple-mango salsa, blackened salmon and mango dressing. 17.99

Carlton Salad | Gluten Free

(Wine Pairing – Hogue Pinot Grigio or House White)

Spring mix lettuce, grilled chicken, feta cheese, avocado, organic dried cranberries, edamame beans, fresh oranges, pecans and mango dressing. 17.59

Chicken Caesar Salad

(Wine Pairing – Chardonnay – Vintage Ink or Toasted Head)

Romaine, crunchy croutons and bacon bits tossed with Jose's Caesar dressing, topped with seasoned chicken breast.

With chicken 16.49 Without chicken 11.39

All pastas come with unlimited soup or salad and garlic bread.

Gluten free pasta available for substitution on most items.

A splitting charge of 4.49 will be added for shared pastas or entrees. Includes unlimited soup or salad and garlic bread for two.

Add 4 oz. of butter basted lobster to any entree or pasta for 9.99.

Lobster & Shrimp Linguine

(Wine Pairing – Vintage Ink Chardonnay)

Succulent lobster, shrimp, asparagus and roasted red peppers in a light tarragon cream sauce. 25.79

The Alfredos

(Wine Pairing – Vintage Ink Chardonnay)

Jose's creamy alfredo sauce tossed with linguine.

Plain 15.49 Chicken 18.99 Shrimp 19.99

Toscana

(Wine Pairing – Robert Mondavi Cabernet Sauvignon)

Chicken, sausage, bacon, mushrooms, pesto and cracked black peppercorns in a creamy tomato sauce with penne. 21.69

Garden Pasta

(Wine Pairing – Kim Crawford Sauvignon Blanc)

Fresh asparagus, broccoli, portabella mushrooms, onions, tomatoes, cracked pepper, butter, tomato sauce and parmesan cheese tossed with penne. 17.99

Louisiana Chicken Penne

(Wine Pairing – Ravenswood Zinfandel)

Crispy parmesan chicken tops this pasta with mushrooms, red and green peppers and onions in a smoky, spicy cream sauce. 20.59

ENTREES

Jambalaya | New

Bursting with flavours of sausage, shrimp, chicken, red and green peppers, garlic, black bean corn salsa and herbs in a creole tomato sauce topped with a little sour cream. Served with basmati rice. 21.69 *

Blackened Salmon | Gluten Free

(Wine Pairing – Toasted Head Chardonnay)

8 oz. salmon fillet lightly blackened and topped with our fresh pineapple-mango salsa. 26.79

Grilled Chicken Stack | Gluten Free | New

(Wine Pairing – House White or House Red)

Seasoned chargrilled chicken breast set on a stack of mashed potatoes and steamed vegetables. 16.99

Chicken Parmesan

(Wine Pairing – House Red or Hogue Pinot Grigio)

A breaded, seasoned chicken breast, topped with tomato sauce and mozzarella cheese. 18.59

Beer Battered Halibut

(Wine Pairing – Hogue Pinot Grigio)

Beer battered halibut with coleslaw and fresh made tartar sauce. 24.99 *

Peanut Chicken | Gluten Free

(Wine Pairing – Vintage Ink Chardonnay)

Chicken, red peppers, asparagus, carrot strings and zucchini in a creamy Thai peanut sauce with basmati rice. 18.59 *

STIR FRY & BASMATI RICE

Seasoned Chicken 20.59

(Wine Pairing – Toasted Head Chardonnay)

Peanut Sauce recommended with wine pairing.

Shrimp 20.59

TEX MEX

Fajitas

(Wine Pairing – Red Guitar)

Chicken, steak or shrimp seasoned with south-of-the-border spices, served on a sizzling pan. Sautéed onions and peppers, flour tortillas, sour cream, salsa, shredded lettuce, tomatoes and mixed cheese.

Chicken 21.69 Shrimp 21.69 Steak 22.69

Add Extra Chicken 5.19, Steak 6.69

Add Guacamole 0.99

Santa Fe Nachos | Gluten Free

Nachos, cheese, shredded lettuce, diced tomatoes and green onion. Served with sour cream, salsa and guacamole.

Chicken 20.59 Without Chicken 16.49

Chili 18.99 Double Chili add 5.19

All entrees come with your choice of baked or mashed potato, fries, rice (pilaf or basmati) or pasta. Entrees also come with steamed vegetables, unlimited soup or salad and garlic bread. Load your baked potato for 2.49. Substitute sweet potato fries or onion rings for 2.49. Add poutine to your fries for 2.99. A splitting charge of 4.49 will be added for shared pastas or entrees. Includes unlimited soup or salad and garlic bread for two. Add 4 oz. of butter basted lobster to any entree or pasta for 9.99.

Golden Fried Haddock

(Wine Pairing – House White)

Beer battered haddock fried until golden. Served with coleslaw. *

1 piece 15.49 2 piece 19.59

Butter Chicken

(Wine Pairing – Ravenswood Zinfandel)

This butter sauce bursts with flavours of Indian masala and tandoori spiced chicken. Served with basmati rice and flatbread. Mild heat only. 18.59 *

12 oz. New York Steak | Gluten Free

(Wine Pairing – Blackstone Cabernet Sauvignon)

Hand cut AAA New York steak seasoned and chargrilled to your specifications. 30.89

Steak and Lobster | Gluten Free

(Wine Pairing – Robert Mondavi Cabernet Sauvignon or Blackstone Cabernet Sauvignon)

Our AAA Angus 12 oz. steak chargrilled with butter basted lobster tail. 39.99

* Not served with steamed vegetables

An assortment of fresh cut vegetables, pineapple, bean sprouts and sesame seeds. Choice of Teriyaki or Peanut Sauce (gluten free). Stir fries come with unlimited soup or salad and garlic bread.

Seasoned Steak 21.69

(Wine Pairing – House Red)

Teriyaki Sauce recommended with wine pairing.

Vegetarian 16.99

Chimichanga

A deep fried, flour tortilla filled with chicken, salsa, tomatoes, green onion and cheese. Topped with melted cheddar and served with sour cream, salsa and rice. 16.99

Chicken Quesadilla

A flour tortilla with chicken, salsa and mixed cheeses, baked and topped with cheese, green onion and tomato. Served with sour cream and salsa. 14.49 Without Chicken 10.89

Pulled Pork Nachos | Gluten Free

Nachos, pulled pork, mixed cheese, shredded lettuce, diced tomatoes and green onion. Served with sour cream. 20.59

BURGERS

Goat Cheese and Bacon Burger | **New**

Goat cheese, bacon, sweet chili sauce and cracked black pepper, lettuce and tomato. 16.49

Gilroy Garlic Burger

Roasted garlic aioli, dusted fried jalapeño rings, mozzarella cheese, lettuce, tomato, red onion and pickle. 16.49

Jose's Burger

Shredded lettuce, red onion, pickles, cheddar cheese and our secret sauce. 15.49

Made fresh daily with 100% ground beef. Our 8 oz. burgers are chargrilled and served with fries. Substitute sweet potato fries or onion rings for 2.49. Add poutine to your fries for 2.99.

Smokehouse BBQ Burger

Mushrooms, onions, mozzarella cheese, BBQ ranch sauce, golden brown onion rings, lettuce and tomato. 16.49

Plain Jane

Lettuce, tomato, pickle and onion. 13.39

With cheddar cheese 14.49

With cheddar cheese and bacon 15.49

SANDWICHES

Deli Stack | **New**

Turkey, corned beef, salami, mozzarella, lettuce, tomato, red onion and dill pickle stacked on a Kaiser. 14.49

Open Faced Smothered Roast Beef

Roast beef, mushrooms, onion, gravy and melted mozzarella on a toasted baguette. 14.99

Grilled Chicken and Avocado Club

Grilled chicken, avocado, bacon, lettuce, tomato, mozzarella and wasabi lime aioli on a toasted Kaiser. 15.49

Substitute sweet potato fries or onion rings for 2.49.

Add poutine to your fries for 2.99. All sandwiches served with fries, soup or salad.

Reuben Sandwich | **New**

Corned beef, Swiss cheese, sauerkraut and thousand island sauce on grilled rye bread. 15.49

Grilled Portabella Sandwich

Grilled portabella mushroom, feta cheese, roasted red pepper, lettuce, tomato, red onion and roasted garlic aioli served on a toasted Kaiser. 13.89

Clubhouse

Traditional triple decker, turkey, bacon, lettuce and tomato on toasted white or multi-grain bread. Served with mayo. 14.49

WRAPS

Buffalo Chicken Wrap | **New**

Crispy chicken, medium BBQ sauce, mixed cheese, lettuce, tomato and creamy blue cheese sauce in a flour tortilla. 15.49

Avocado Black Bean Chicken Wrap

Grilled chicken, black bean and corn salsa, cheese, diced tomato, avocado and green onion. Served with chipotle mayo. 14.99

Available in white or whole wheat flour tortilla or as lettuce wrap. Substitute sweet potato fries or onion rings for 2.49. Add poutine to your fries for 2.99.

All wraps served with fries, soup or salad.

Chicken Parm Wrap

(Not available in lettuce wrap)

Crispy, breaded chicken, tomato sauce, mozzarella, cheddar and parmesan cheese baked in a flour tortilla. 15.99

Fish Tacos

(White or whole wheat flour tortilla option available)

Three lettuce wraps filled with fried haddock, pineapple mango salsa and a drizzle of lime aioli. 14.49

SENIORS

Senior ½ Reuben Sandwich | New

Corned beef, Swiss cheese, sauerkraut and thousand island sauce on rye bread. Served with coleslaw. 10.29

Senior Chicken Parmesan

Breaded chicken breast, tomato sauce and melted mozzarella. Served with steamed vegetables. 16.49

Senior Beef Stew Trio

Beef, potatoes, carrots, onions, mushrooms and celery in a hearty stew broth. Served with a piece of garlic bread. 12.39

Senior Chili Trio

Jose's chili and mixed cheese. Served with garlic bread. 12.39

Senior Beet and Goat Cheese Salad* | Gluten Free | New

Spring mix lettuce, roasted beets, pecans, red onion and goat cheese served with apple cider vinaigrette. 14.49

*(Side not included)

All senior meals come with choice of soup, salad, fries, baked or mashed potatoes.

Coffee or tea and a piece of pie or apple crumble for dessert.

Senior Burger

Our 4 oz. burger with lettuce, tomato, pickle and onion. Served with coleslaw. 12.39

Senior Lasagna

Meaty lasagna served with garlic bread. 14.49

Senior Chicken Fingers

Golden fried chicken fingers. Served with plum sauce and coleslaw. 14.99

Senior Cappelletti

Cheese filled noodles, blush sauce and mixed cheese. 13.39

Open Faced Smothered Roast Beef

Roast beef, mushrooms, onions, gravy and melted mozzarella on a baguette. Served with coleslaw. 14.99

Senior Haddock

Beer battered Haddock with tartar sauce. Served with coleslaw. 15.49

KIDS

Superman Burger

With fries or steamed veggies 6.99

Cappelletti (topped with cheese)

6.99

Chicken Fingers

With fries or steamed veggies. 6.99

Pepperoni Pizza

With fries or steamed veggies. 6.99

Penne

Served with tomato or alfredo sauce. 6.99

Wings

With fries or steamed veggies. 6.99

We have a combination of kids' favourites and healthy choices that parents love too!

All kids' meals come with unlimited fountain drink, milk or juice and one scoop of ice cream.

DRINK MENU

Because kids like drinks too!
Not included with kids meal.

Flavoured Slushies

Choose from strawberry, or tropical coconut.

Arnold Palmer

Ice tea and lemonade.

Ice Cream Float

Coke, root beer, orange or ginger.

MOLSON *Coors*

